

Daily Prayer Prompts for Parents

Purposeful Parenting — 30 days of praying with the Holy Spirit

Day 1	Ask the Holy Spirit to fill your home with peace before the day begins.	Galatians 5:22-23
Day 2	Pray for your child's courage to be kind even when it costs them.	Micah 6:8
Day 3	Ask God to show you one way your child needs to be seen today.	Psalms 139:1-4
Day 4	Pray for patience in the moments that usually trigger you.	James 1:19-20
Day 5	Ask the Spirit to help you laugh with your children today.	Proverbs 17:22
Day 6	Pray for your child's friendships to be safe and life-giving.	Proverbs 13:20
Day 7	Ask God to reveal any place where you need to apologize or repair.	Ephesians 4:32
Day 8	Pray for wisdom in a decision your child is facing.	James 1:5
Day 9	Ask the Holy Spirit to help you listen more than you lecture today.	Proverbs 18:13
Day 10	Pray for your child's identity to be rooted in who God says they are.	Ephesians 2:10

Day 11	Ask God to give you joy in the ordinary moments of today.	Psalms 118:24
Day 12	Pray for protection over your child's mind and heart.	Philippians 4:7
Day 13	Ask the Spirit to help you notice what is good in your child and name it.	Philippians 4:8
Day 14	Pray for your own healing in areas that affect how you parent.	Psalms 147:3
Day 15	Ask God to give you and your child a shared moment of delight today.	Psalms 16:11
Day 16	Pray for your child's teachers, coaches, and mentors.	1 Timothy 2:1-2
Day 17	Ask the Holy Spirit to make your home a place of rest.	Matthew 11:28
Day 18	Pray for your child to know they are never alone.	Deuteronomy 31:6
Day 19	Ask God to help you set boundaries with love and consistency.	Hebrews 12:11
Day 20	Pray for your child's dreams and the gifts God has placed in them.	Proverbs 20:5
Day 21	Ask the Spirit to help you forgive yourself for past parenting mistakes.	Lamentations 3:22-23
Day 22	Pray for your child to grow in compassion for others.	Colossians 3:12

Day 23	Ask God to make you a student of your child's heart.	Proverbs 4:23
Day 24	Pray for your marriage or support system to be strengthened.	Ecclesiastes 4:12
Day 25	Ask the Holy Spirit to remind you of truth when fear rises up.	2 Timothy 1:7
Day 26	Pray for your child to love learning and growing.	Proverbs 9:9
Day 27	Ask God to help you build family rhythms that point to Him.	Deuteronomy 6:6-7
Day 28	Pray for your child's future — and surrender it to God.	Jeremiah 29:11
Day 29	Ask the Spirit to give you restful sleep and renewed strength.	Isaiah 40:31
Day 30	Pray that your home would be a place where love and the Spirit are welcome.	Romans 15:13